EQ Learning Material

4.3 Pedagogics

4.3.3. Methodology and didactics

**Module 1:**

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| Lessons | Theme: Self awareness and goal setting as teacher/coach  Theme: Pro memoria – riding lesson plans |
| Learning material | Powerpoint: SMART, GROW, SWOT  Document: Capability profile, Mental profile |
| Time | 1,5h + 1h (theoretical) + 1h (practical) |
| Homework infront of Module 1 | The students will work on their own profile before the first meeting. They could fill in a formula about their own skills in riding and coaching (for example: Equestrian Education Chart 4 and/or 8). It would be a way for them to be aware of their own goals and motivators. |

Lesson 1

The candidates will acquire knowledge on the following topics:

* How to plan, implement an evaluate instruction in riding and its associated theory practice
* Analyzing the skills in riding and teaching
* Ability to choose exercises related to the riders/horses level
* Ability to use methods of teaching and training
* How to use assessment tools to establish current situation analysis, evaluation plans and capacity profiles

**Lesson 1**

**Theme: Self awarness and goal setting as teacher/coach (PPT 1)**

PowerPoint presentation 1

Document Capability Profile

The capability profile can be used as an assessment tool to estimate experienced status of riding. This estimation form can be used to measure development over time.

Document: Mental Profile

Emotions, routines and goals are important subjects for a riding teacher to handle. The mental profile can be helpful to measure riders´ satisfaction of managing emotions, planning and routines.

**Lesson 2**

**Theme: Pro memoria – how to structure riding lesson plans (PPT 2)**

PowerPoint presentation 2

Document: PM (Pro Memoria)

This PM should be use when preparing the lessons at the final examinations.

**Module 2**

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| Lessons | Theme: Feedback, evaluation and further planning |
| Learning material | Powerpoint: How to give feedback, learning styles, teaching and training. |
| Time | 1,5 h |
| Homework for module 2 | Capability profile, Mental profile |

**Lesson 3**

**Theme: Feedback, evaluation and further planning (PPT3)**

PowerPoint presentation 3

Follow up homework: Capability profile, Mental profile. The candidates present their own profiles in groups and talk about setting goals. After the group sessions a summary will follow with reflections.

What does the significance of a learning environment mean?

Discuss how to create the best conditions for learning and give examples of learning methods (importance of feedback, different methodology for lessons, etc.)

Discuss: What is the different of teaching group or single lessons? Demonstrate how to design lesson plans for single riders and how to design lesson plans for group lesson.