**Sports Pedagogy** *(Pédagogie sportive. Pierre Trudel, Jean Côté)*

(Support of the Power Point « Language and Communication)

In the last few years, studies in sports pedagogy have supplied data on the learning conditions provided to young athletes during training sessions and games. From the results of these studies, we learned that, in general, the coach spends most of his/her time observing and organizing rather than teaching

Results also show that the motor engaged time of a participant represents only one third of the training session. Based on the data available, training programs for coaches is one way to improve the learning conditions of youth sports.

*Key words:* Sport pedagogy. Learning conditions. Coach. Athlete.

*Siedentop (1983)*: If we ask you to evaluate a coach, it would be necessary to look at what are the athletes do rather than what the coach does. The appearance of a good coach is one thing, but the evidence of a good training is found by observing trainees.

*Claxton (1988):* study the coaches’ behavior (in tennis):

-coaching 9, 9 %

-organizing the exercises and players 9, 8%

-congratulate and encourage 4, 4%

-criticize 2, 8%

-silence 22%

Instructions, organization, negative instructions are most important during the trainings while we observe many more encouragement during games in football (*Wandzislak,Ansorge,Potter 1988*)

Where does the word ***“Coaching”*** come from?

The word “Coach” is English and comes from the French word “Cocher” which comes from the Hungary word “Kocsis”. The “Coach” is one who drives travellers from one point to an other.

Let's note that the «Coach» doesn’t choose his passengers neither the destination of these ones.

His job, his intervention only consists to help the travelers to go to the destination they choosed or that they set.

The term has crossed the Atlantic and now comes back to us in its American form. It is not always easy to translate a word literally. For the verb "to coach", we find the notions of preparing, motivating, accompanying or even leading (not to be confused with the verb "to train" which means to train).

About the origins of words, another word that as COACHING is not translated in the current language of the company, it is about MANAGEMENT (from the old French word "manège"): art of conducting its activity with the same mastery and efficiency as the dexterity of the rider leading his horse.